# MORNING & AFTERNOON BREAKS

### MORNING BREAKS

#### COFFFF BRFAK

- Fresh Brewed Regular & Decaffeinated Coffee
- Assorted Specialty Hot Teas

#### MUFFINS & MORE

- · Assorted Chilled Fruit Juices
- Selection of Muffins\* & Coffee Cakes
- Market Fresh Fruit Salad with Vanilla Yogurt
- Assorted Specialty Hot Teas
- Fresh Brewed Regular & Decaffeinated Coffee

#### FRESH START

- Fresh-Cut Seasonal Fruit
- Assorted Chilled Fruit Juices
- · Selection of Breakfast Pastries
- Assorted Specialty Hot Teas
- Fresh Brewed Regular & Decaffeinated Coffee

#### **HEALTH NUT**

- Variety of Yogurt
- · Seasonal Whole Fruit
- Granola Bars
- Vitamin Water
- Fresh Brewed Regular & Decaffeinated Coffee

# AFTERNOON BREAKS

#### THE TAILGATE

- Pimento Cheese Finger Sandwiches
- Pigs in a Blanket
- Candied Bacon Deviled Eggs
- Assorted Soft Drinks

#### SOUTHWEST

- Chips & Salsa
- Jalapeno Poppers with chipotle ranch, guacamole & sour cream
- Cinnamon Sugar Crisps
- · Assorted Soft Drinks

#### COOKIES & CREAM

- · Assorted Fresh Baked Cookies
- Iced Coffee
- FIJI Bottled Water

### PEANUTS & POPCORN

- A Variety of Popcorn (Two of Chef's Daily Selections classic, truffle, caramel or cheese)
- Ball Game Peanuts
- · Assorted Soft Drinks

### SWEET AND SALTY

- Mini Candy Bars
- Creole Snack Mix
- · Assorted Bags of Chips
- Freshly Squeezed Lemonade

# FIT & FLAVORFUL

- Vegetable Crudites, Hummus & Pita Chips
- Assorted Olives
- Smoked Almonds
- Sparkling Water (San Pellegrino)

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Individual bottled water available; Charged by consumption for an additional fee.

PLEASE NOTE: A minimum of 10 people required. Break service is for a maximum of one and a half hours.

<sup>\*</sup>Gluten-free Blueberry Muffins available upon request

# ALL DAY BREAK PACKAGES

# **OPTION ONE**

### MORNING BEVERAGE BREAK

- · Assorted Chilled Fruit Juices
- Fresh Brewed Regular & Decaffeinated Coffee
- Assorted Specialty Hot Teas
- Assorted Soft Drinks

### MID-MORNING REFRESH

- Replenishment of Regular & Decaffeinated Coffee
- · Assorted Soft Drinks

### AFTERNOON COOKIE BREAK

- Fresh Brewed Regular & Decaffeinated Coffee
- · Freshly Baked Cookies
- · Assorted Soft Drinks

# **OPTION TWO**

### MORNING CONTINENTAL

- Fresh-Cut Seasonal Fruit
- Selection of Fresh Baked Goods
- Fresh Brewed Regular & Decaffeinated Coffee
- Assorted Specialty Hot Teas
- Assorted Chilled Fruit Juices

# MID-MORNING REFRESH

- Granola Bars
- Replenishment of Regular & Decaffeinated Coffee
- Assorted Soft Drinks

# AFTERNOON BREAK

- Whole Fresh Fruit
- Freshly Baked Cookies
- Fresh Brewed Regular & Decaffeinated Coffee
- Assorted Specialty Teas
- Assorted Soft Drinks

Individual bottled water available; Charged by consumption for an additional fee.

PLEASE NOTE: A minimum of 10 people required. Break service is for a maximum of one and a half hours.

# A SAMPLING OF MULTI-DAY EVENTS

# DAY ONE

### MORNING CONTINENTAL

- Fresh-Cut Seasonal Fruit & Berries
- Selection of Fresh Baked Goods
- Fresh Brewed Regular & Decaffeinated Coffee
- Assorted Specialty Hot Teas
- Assorted Chilled Fruit Juices

#### MID-MORNING REFRESH

- Refresh of Regular & Decaffeinated Coffee
- Assorted Soft Drinks

### **BUFFET LUNCHEON OPTIONS**

• Select your own luncheon buffet (pg. 10)

#### AFTERNOON BREAK

 Designate your choice from our afternoon break selections (pg. 3)

# DAY THREE

# MUFFINS & MORE

- · Assorted Chilled Fruit Juices
- Selection of Muffins & Coffee Cakes
- · Market Fresh Fruit Salad with Vanilla Yogurt
- Assorted Specialty Hot Teas
- Fresh Brewed Regular & Decaffeinated Coffee

# MID-MORNING REFRESH

- · Refresh of Regular & Decaffeinated Coffee
- · Assorted Soft Drinks

#### **BOXED LUNCH**

Select from our Boxed Lunches (pg. 11)

# AFTERNOON BREAK

 Designate your choice from our afternoon break selections (pg. 3)

### DAY TWO

### **HEALTH NUT**

- Variety of Yogurt
- · Seasonal Whole Fruit
- Granola Bars
- Vitamin Water
- Fresh Brewed Regular & Decaffeinated Coffee

#### MID-MORNING REFRESH

- · Refresh of Regular & Decaffeinated Coffee
- Assorted Soft Drinks

### THEMED LUNCHEON BUFFET

• Select from our variety of themed luncheon buffets (pg. 9)

#### AFTERNOON BREAK

 Designate your choice from our afternoon break selections (pg. 3)

# Individual bottled water available; Charged by consumption for an additional fee.

PLEASE NOTE: A minimum of 20 people required. Break service is for a maximum of one and a half hours. Please ask your catering consultant for details.



# A DAY OF HEALTH

### ALL DAY PERFORMANCE PACKAGE

### HEALTHY BREAKFAST BUFFET

- Egg White Cheese Sandwiches
- Turkey Sausage Patties
- Assorted Greek Yogurt
- Veggie Frittata
- Fresh-Cut Fruit & Berries
- Selection of Cold Cereals with Milk Soy Milk or Almond Milk, Additional
- Fresh Brewed Regular & Decaffeinated Coffee
- Assorted Specialty Hot Teas
- Assorted Chilled Fruit Juices

#### MID-MORNING BREAK

- Mixed nuts, yogurt covered raisins & pretzels
- Granola Bars
- Seasonal Whole Fruit
- Vitamin Water

### MIDDAY LUNCH BUFFET

- Field Greens with Balsamic Vinaigrette
- Orzo Tabouli Salad
- Assorted Sandwiches & Wraps

#### Roasted Vegetable Wrap

Served in a Spinach Wrap with boursin cheese & roasted vegetables

#### Downtown Deli Sandwich

Turkey & Smoked Gouda with Pesto Aiolo, Lettuce & Tomato

### Southwestern Beef Wrap

Thinly Sliced Cajun Roast Beef with Corn Salsa, Avocado, Tomatoes and Sriracha-Aioli Drizzle in a Tortilla Wrap

• Chocolate-Peanut Butter Bars

### AFTERNOON BREAK

- Vegetable Crudites, Hummus & Pita Chips
- Sliced Cheddar Cheese
- Honey Cinnamon Apple Slices
- Fresh Brewed Regular & Decaffeinated Coffee

### OPTIONAL WATER STATION

- Still & Sparkling Bottled Water (Liter Bottles)
- Accompanied with your choice of: Lemon, Lime, Cucumber Slices & Fresh Strawberries

Individual bottled water available; Charged by consumption for an additional fee.

PLEASE NOTE: A minimum of 20 people required. Buffet service is for one hour.

# CREATE YOUR OWN RECEPTION

# COLD HORS D'OEUVRES (Please pre-select three)

- Imported & Domestic Cheese Tray served with fresh fruit & crackers
- (V) Crisp Market Fresh Vegetable Tray with your choice of hummus or ranch dressing (Omit Ranch - VGN)
- (VGN) Tomato, Basil & Roasted Garlic Bruschetta
- (G) (V) Sliced Fresh Fruit Display with honey-lemon yogurt sauce (Omit Yogurt - VGN)
- Tomato Mozzarella Skewers
- Chicken Salad Canapes

# **HOT HORS D'OEUVRES** (Please pre-select three)

- Hot Spinach & Artichoke Dip with tri-color tortilla chips
- Coconut Chicken Tenders with orange-marmalade sauce
- (V) Mushrooms stuffed with spinach
- Mushrooms stuffed with crabmeat

- (V) Mini Tuscan Ratatouille Tarts
- Smoked Chicken Quesadilla Cornucopias
- Shrimp & Grits Crisp
- Pork Pot Stickers
- Teriyaki Steak Skewers
- Miniature Sweet Potato Canapes

# **CHEF-ATTENDED STATIONS** (Please pre-select one)

- Carved Roasted Top Round of Beef with miniature rolls, horseradish-cream & mayonnaise
- Carved Roasted Jamaican Jerk Pork Loin with miniature rolls & tropical fruit chutney
- Carved Honey-Glazed Ham with miniature rolls, rum-raisin sauce & dijon mustard
- Roasted Turkey Breast with miniature rolls, cranberry sauce & mayonnaise
- Pasta Station –

Your choice of two pastas:
tortellini, penne, bowtie or macaroni
And your choice of two sauces:
marinara, alfredo, or pesto cream

# **SELF-SERVE BEVERAGE STATION**

- Lemonade
- Sweetened or Unsweetened Iced Tea
- Regular & Decaffeinated Coffee

 $\mathbf{V} = \text{Vegetarian} \cdot \mathbf{G} = \text{Gluten Free} \cdot \mathbf{VGN} = \text{Vegan}$ 

PLEASE NOTE: A minimum of 50 people required.

HORS D'OEUVRES Your Catering Sales representative will suggest necessary quantity based on your total guest count.

#### COLD SELECTIONS (per piece; minimum of 25 pieces per selection)

- V Tomato Mozzarella Skewers
- V Tomato, Basil & Roasted Garlic Bruschetta (Omit Cheese VGN)
- G Asparagus Spears wrapped in Smoked Salmon
- G Jumbo Gulf Shrimp Display with Cocktail Sauce

Tuna Tartarte on Toast Points

- G Miniature Crabtinis
  - Pimento Cheese Finger Sandwiches

Vegetable Garden Canapes (Omit Cream Cheese - VGN)

Black Pepper-Crusted Tenderloin with Dried Cherry Spread on Toast Points

- G Deviled Eggs
- **G** Chicken Salad in Cherry Tomatoes

Black & Bleu Crostini

VGN Asparagus Crostini with Red Pepper Pesto

#### **HOT SELECTIONS** (per piece; minimum of 25 pieces per selection)

Miniature Sweet Potato Canapes

- V Mushrooms Stuffed with Spinach
  - Mushrooms Stuffed with Crabmeat
- V Spanakopita
- V Mini Tuscan Ratatouille Tarts

Barbecued Shrimp

Coconut Shrimp with Thai Curry Sauce

Shrimp & Grits Crisp

Miniature Crab Cakes

- G Chicken & Andouille Sausage Skewers
  - Chicken Spring Rolls with Sweet & Sour Sauce

Coconut Chicken Tenders with Orange-Marmalade Sauce

Smoked Chicken Quesadilla Cornucopias

- **G** Barbecued Chicken Satay
- G Spicy Buffalo Wings with Blue Cheese Dressing
- G Shrimp & Andouille Sausage Brochettes with Cajun Barbecue Butter

Miniature Steak Sandwiches

Teriyaki Steak Skewers

- **G** Bacon Wrapped Lobster Tail
- G Candied Bacon Lollipops
- **G** Lamb Lollipops

Crab Beignets

Zucchini Fritters

- **G** Bacon-wrapped Brussels Sprouts with Tabasco-Honey
- $V = Vegetarian \cdot G = Gluten Free \cdot VGN = Vegan$



# CARVING STATIONS & ACTION STATIONS

Add some excitement to your reception and allow our chefs to hand-toss the perfect dish.

# **ACTION STATIONS**

#### PASTA STATION

Penne & Bowtie Pasta, sauteed to order with chicken, mushrooms, sun-dried tomatoes, black olives, green onions & parmesan cheese *Choice of sauce:* marinara, alfredo or pesto cream

#### CAESAR SALAD STATION

Fresh Crisp Romaine Greens & Classic Caesar Dressing tossed to order with choice of chicken, bacon, parmesan cheese & croutons

#### SHRIMP & GRITS

Jumbo Shrimp sauteed in seasoned butter and served in a martini glass over a bed of southern style grits *Choice of accompaniments:* bacon, green onion & shredded cheddar cheese

#### GARLIC MASHPOTINI STATION

Garlic Mashed Potatoes served in a martini glass

Accompaniments: whipped butter, BBQ butter, sour cream, shredded cheddar cheese, bacon & chives

#### MAC & CHEESE BAR

Creamy Macaroni & Cheese served in a martini glass

Accompaniments: Peppers, Herb-Seasoned Bread Crumbs & Shredded Pork

# **CARVING STATIONS**

Roasted Beef Tenderloin

Roasted Prime Strip Loin

Honey Glazed Bone-in Ham

Roasted Turkey Breast

Top Round of Beef (Serves 75)

Each carving station includes silver dollar rolls & chef's selection of sauces: bearnaise, horseradish cream, remoulade, Creole mustard, dijon mustard, mayonnaise, and/or cranberry sauce.

PLEASE NOTE: Attendant fees are based on 2 hours of service.

# DISPLAY STATIONS & SWEETS

# **DISPLAY STATIONS** (A minimum of 20 people required)

GRILLED TUSCAN ANTIPASTO VEGETABLES WITH RUSTIC BREADS A medley of farm fresh grilled vegetables; served at room temperature

### **GARDEN CRUDITES**

Harvest fresh, crisp garden vegetables served with ranch dressing, hummus & pita chips

FRESH FRUIT & BERRY DISPLAY Fresh seasonal fruit & berries accompanied with yogurt & honey

### CHEESE & FRUIT DISPLAY

A selection of regional and imported cheeses served with fresh & dried fruit, local honey, smoked almonds & assorted crackers

SPINACH & ARTICHOKE DIP Served warm with toasted baguette

### CHARCUTERIE BOARD

Assorted artisan cheeses and meats, olives, mustard & chef's selection of rustic breads

SLICED SMOKED SALMON With toast points & accompaniments – chopped egg, capers, onion & tomatoes SINGLE OPTION (serves 30-35)

### CHILLED SEAFOOD DISPLAY

Maine lobster, alaskan king crab legs, jumbo shrimp & lump crabmeat; served with cocktail & remoulade sauces

# **SOMETHING SWEET**

**Chocolate-Dipped Strawberries** 

Miniature Cheesecakes

A Variety of Macaroons

Chef's Selection of Chocolate Truffles

# **DESSERT DISPLAY** (A minimum of 50 people required)

Assorted Cakes and Pies, Macaroons, Chocolate Truffles & Chocolate-Dipped Strawberries

# A LA CARTE

# **BEVERAGES**

Fresh Brewed Regular & Decaffeinated Coffee

Sweet & Unsweet Iced Tea, Lemonade and Fruit Punch

Assorted Specialty Hot Teas

Red Bull

Sports Beverages

Vitamin Water

**Bottled Juices** 

Assorted Soft Drinks

Milk (whole or 2%)

Fiji Still Water 330mL

San Pellegrino Sparking 500mL

# BY THE DOZEN

Assorted Bags of Chips

Assorted Candy Bars

Assorted Brownies

Cinnamon Rolls

Variety of Granola Bars

Seasonal Whole Fruit

Assorted Freshly Baked Cookies

Warm Pretzels with Whole Grain Mustard

Yogurt Parfaits

# SAVORY SNACKS

Mixed Nuts

Creole Snack Mix

Truffle Popcorn

Caramel Popcorn