# MORNING & AFTERNOON BREAKS

## **MORNING BREAKS**

#### COFFEE BREAK

- Fresh Brewed Regular & Decaffeinated Coffee
- Assorted Specialty Hot Teas

## MUFFINS & MORE

- Assorted Chilled Fruit Juices
- Selection of Muffins\* & Coffee Cakes
- Market Fresh Fruit Salad with Vanilla Yogurt
- Assorted Specialty Hot Teas
- Fresh Brewed Regular & Decaffeinated Coffee

#### FRESH START

- Fresh-Cut Seasonal Fruit
- Assorted Chilled Fruit Juices
- Selection of Breakfast Pastries
- Assorted Specialty Hot Teas
- Fresh Brewed Regular & Decaffeinated Coffee

### **HEALTH NUT**

- Variety of Yogurt
- Seasonal Whole Fruit
- Granola Bars
- Vitamin Water
- Fresh Brewed Regular & Decaffeinated Coffee
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## AFTERNOON BREAKS

#### THE TAILGATE

- Pimento Cheese Finger Sandwiches
- Pigs in a Blanket
- Candied Bacon Deviled Eggs
- Assorted Soft Drinks

### SOUTHWEST

- Chips & Salsa
- Jalapeno Poppers with chipotle ranch, guacamole & sour cream
- Cinnamon Sugar Crisps
- Assorted Soft Drinks

## **COOKIES & CREAM**

- · Assorted Fresh Baked Cookies
- Iced Coffee
- FIJI Bottled Water

### PEANUTS & POPCORN

- A Variety of Popcorn (Two of Chef's Daily Selections classic, truffle, caramel or cheese)
- Ball Game Peanuts
- Assorted Soft Drinks

### SWEET AND SALTY

- Mini Candy Bars
- · Creole Snack Mix
- Assorted Bags of Chips
- Freshly Squeezed Lemonade

## FIT & FLAVORFUL

- Vegetable Crudites, Hummus & Pita Chips
- Assorted Olives
- Smoked Almonds
- Sparkling Water (San Pellegrino)

Individual bottled water available; Charged by consumption for an additional fee.

PLEASE NOTE: A minimum of 10 people required. Break service is for a maximum of one and a half hours.

<sup>\*</sup>Gluten-free Blueberry Muffins available upon request

## ALL DAY BREAK PACKAGES

## **OPTION ONE**

#### MORNING BEVERAGE BREAK

- · Assorted Chilled Fruit Juices
- Fresh Brewed Regular & Decaffeinated Coffee
- Assorted Specialty Hot Teas
- Assorted Soft Drinks

#### MID-MORNING REFRESH

- Replenishment of Regular & Decaffeinated Coffee
- Assorted Soft Drinks

### AFTERNOON COOKIE BREAK

- Fresh Brewed Regular & Decaffeinated Coffee
- Freshly Baked Cookies
- · Assorted Soft Drinks

## **OPTION TWO**

### MORNING CONTINENTAL

- · Fresh-Cut Seasonal Fruit
- Selection of Fresh Baked Goods
- Fresh Brewed Regular & Decaffeinated Coffee
- Assorted Specialty Hot Teas
- Assorted Chilled Fruit Juices

### MID-MORNING REFRESH

- Granola Bars
- Replenishment of Regular & Decaffeinated Coffee
- Assorted Soft Drinks

#### AFTERNOON BREAK

- Whole Fresh Fruit
- Freshly Baked Cookies
- Fresh Brewed Regular & Decaffeinated Coffee
- Assorted Specialty Teas
- Assorted Soft Drinks

Individual bottled water available; Charged by consumption for an additional fee.

PLEASE NOTE: A minimum of 10 people required. Break service is for a maximum of one and a half hours.

## A SAMPLING OF MULTI-DAY EVENTS

## DAY ONE

#### MORNING CONTINENTAL

- Fresh-Cut Seasonal Fruit & Berries
- Selection of Fresh Baked Goods
- Fresh Brewed Regular & Decaffeinated Coffee
- Assorted Specialty Hot Teas
- · Assorted Chilled Fruit Juices

#### MID-MORNING REFRESH

- Refresh of Regular & Decaffeinated Coffee
- · Assorted Soft Drinks

### **BUFFET LUNCHEON OPTIONS**

• Select your own luncheon buffet (pg. 10)

## AFTERNOON BREAK

• Designate your choice from our afternoon break selections (pg. 3)

## DAY THREE

## MUFFINS & MORE

- · Assorted Chilled Fruit Juices
- Selection of Muffins & Coffee Cakes
- Market Fresh Fruit Salad with Vanilla Yogurt
- Assorted Specialty Hot Teas
- Fresh Brewed Regular & Decaffeinated Coffee

#### MID-MORNING REFRESH

- · Refresh of Regular & Decaffeinated Coffee
- Assorted Soft Drinks

## **BOXED LUNCH**

• Select from our Boxed Lunches (pg. 11)

#### AFTERNOON BREAK

• Designate your choice from our afternoon break selections (pg. 3)

## DAY TWO

### **HEALTH NUT**

- Variety of Yogurt
- Seasonal Whole Fruit
- Granola Bars
- Vitamin Water
- Fresh Brewed Regular & Decaffeinated Coffee

#### MID-MORNING REFRESH

- · Refresh of Regular & Decaffeinated Coffee
- · Assorted Soft Drinks

#### THEMED LUNCHEON BUFFET

• Select from our variety of themed luncheon buffets (pg. 9)

#### AFTERNOON BREAK

 Designate your choice from our afternoon break selections (pg. 3)

## Individual bottled water available; Charged by consumption for an additional fee.

PLEASE NOTE: A minimum of 20 people required. Break service is for a maximum of one and a half hours. Please ask your catering consultant for details.

## A DAY OF HEALTH

## ALL DAY PERFORMANCE PACKAGE

### HEALTHY BREAKFAST BUFFET

- Egg White Cheese Sandwiches
- Turkey Sausage Patties
- Assorted Greek Yogurt
- Veggie Frittata
- · Fresh-Cut Fruit & Berries
- Selection of Cold Cereals with Milk Soy Milk or Almond Milk, Additional
- Fresh Brewed Regular & Decaffeinated Coffee
- Assorted Specialty Hot Teas
- Assorted Chilled Fruit Juices

### MID-MORNING BREAK

- Mixed nuts, yogurt covered raisins & pretzels
- Granola Bars
- Seasonal Whole Fruit
- Vitamin Water

### MIDDAY LUNCH BUFFET

- Field Greens with Balsamic Vinaigrette
- Orzo Tabouli Salad
- Assorted Sandwiches & Wraps

## Roasted Vegetable Wrap

Served in a Spinach Wrap with boursin cheese & roasted vegetables

#### Downtown Deli Sandwich

Turkey & Smoked Gouda with Pesto Aiolo, Lettuce & Tomato

### Southwestern Beef Wrap

Thinly Sliced Cajun Roast Beef with Corn Salsa, Avocado, Tomatoes and Sriracha-Aioli Drizzle in a Tortilla Wrap

Chocolate-Peanut Butter Bars

## AFTERNOON BREAK

- Vegetable Crudites, Hummus & Pita Chips
- Sliced Cheddar Cheese
- Honey Cinnamon Apple Slices
- Fresh Brewed Regular & Decaffeinated Coffee

### OPTIONAL WATER STATION

- Still & Sparkling Bottled Water (Liter Bottles)
- · Accompanied with your choice of: Lemon, Lime, Cucumber Slices & Fresh Strawberries

Individual bottled water available; Charged by consumption for an additional fee.

PLEASE NOTE: A minimum of 20 people required. Buffet service is for one hour.

# CREATE YOUR OWN RECEPTION

## **COLD HORS D'OEUVRES** (Please pre-select three)

- Imported & Domestic Cheese Tray served with fresh fruit & crackers
- (V) Crisp Market Fresh Vegetable Tray with your choice of hummus or ranch dressing (Omit Ranch - VGN)
- (VGN) Tomato, Basil & Roasted Garlic Bruschetta
- (G) (V) Sliced Fresh Fruit Display with honey-lemon yogurt sauce (Omit Yogurt - VGN)
- Tomato Mozzarella Skewers
- Chicken Salad Canapes

## **HOT HORS D'OEUVRES** (Please pre-select three)

- Hot Spinach & Artichoke Dip with tri-color tortilla chips
- Coconut Chicken Tenders with orange-marmalade sauce
- (V) Mushrooms stuffed with spinach
- Mushrooms stuffed with crabmeat

- (V) Mini Tuscan Ratatouille Tarts
- Smoked Chicken Quesadilla Cornucopias
- Shrimp & Grits Crisp
- Pork Pot Stickers
- Teriyaki Steak Skewers
- Miniature Sweet Potato Canapes

## **CHEF-ATTENDED STATIONS** (Please pre-select one)

- Carved Roasted Top Round of Beef with miniature rolls, horseradish-cream & mayonnaise
- Carved Roasted Jamaican Jerk Pork Loin with miniature rolls & tropical fruit chutney
- Carved Honey-Glazed Ham with miniature rolls, rum-raisin sauce & dijon mustard
- Roasted Turkey Breast with miniature rolls, cranberry sauce & mayonnaise
- Pasta Station –

Your choice of two pastas:
tortellini, penne, bowtie or macaroni
And your choice of two sauces:
marinara, alfredo, or pesto cream

## **SELF-SERVE BEVERAGE STATION**

- Lemonade
- Sweetened or Unsweetened Iced Tea
- Regular & Decaffeinated Coffee

V = Vegetarian • G = Gluten Free • VGN = Vegan

PLEASE NOTE: A minimum of 50 people required.

# HORS D'OEUVRES Your Catering Sales representative will suggest

necessary quantity based on your total guest count.

#### COLD SELECTIONS (per piece; minimum of 25 pieces per selection)

- V Tomato Mozzarella Skewers
- Tomato, Basil & Roasted Garlic Bruschetta (Omit Cheese VGN)
- G Asparagus Spears wrapped in Smoked Salmon
- G Jumbo Gulf Shrimp Display with Cocktail Sauce

Tuna Tartarte on Toast Points

G Miniature Crabtinis

Pimento Cheese Finger Sandwiches

Vegetable Garden Canapes (Omit Cream Cheese - VGN)

Black Pepper-Crusted Tenderloin with Dried Cherry Spread on Toast Points

- G Deviled Eggs
- **G** Chicken Salad in Cherry Tomatoes Black & Bleu Crostini

VGN Asparagus Crostini with Red Pepper Pesto

## **HOT SELECTIONS** (per piece; minimum of 25 pieces per selection)

Miniature Sweet Potato Canapes

- V Mushrooms Stuffed with Spinach
  - Mushrooms Stuffed with Crabmeat
- V Spanakopita
- V Mini Tuscan Ratatouille Tarts

Barbecued Shrimp

Coconut Shrimp with Thai Curry Sauce

Shrimp & Grits Crisp

Miniature Crab Cakes

- G Chicken & Andouille Sausage Skewers
  - Chicken Spring Rolls with Sweet & Sour Sauce

Coconut Chicken Tenders with Orange-Marmalade Sauce

Smoked Chicken Quesadilla Cornucopias

- G Barbecued Chicken Satay
- G Spicy Buffalo Wings with Blue Cheese Dressing
- G Shrimp & Andouille Sausage Brochettes with Cajun Barbecue Butter

Miniature Steak Sandwiches

Teriyaki Steak Skewers

- **G** Bacon Wrapped Lobster Tail
- G Candied Bacon Lollipops
- **G** Lamb Lollipops

Crab Beignets

Zucchini Fritters

**G** Bacon-wrapped Brussels Sprouts with Tabasco-Honey

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# CARVING STATIONS & ACTION STATIONS

Add some excitement to your reception and allow our chefs to hand-toss the perfect dish.

## **ACTION STATIONS**

#### PASTA STATION

Penne & Bowtie Pasta, sauteed to order with chicken, mushrooms, sun-dried tomatoes, black olives, green onions & parmesan cheese *Choice of sauce:* marinara, alfredo or pesto cream

#### CAFSAR SALAD STATION

Fresh Crisp Romaine Greens & Classic Caesar Dressing tossed to order with choice of chicken, bacon, parmesan cheese & croutons

#### SHRIMP & GRITS

Jumbo Shrimp sauteed in seasoned butter and served in a martini glass over a bed of southern style grits *Choice of accompaniments:* bacon, green onion & shredded cheddar cheese

#### GARLIC MASHPOTINI STATION

Garlic Mashed Potatoes served in a martini glass

Accompaniments: whipped butter, BBQ butter, sour cream, shredded cheddar cheese, bacon & chives

### MAC & CHEESE BAR

Creamy Macaroni & Cheese served in a martini glass

Accompaniments: Peppers, Herb-Seasoned Bread Crumbs & Shredded Pork

## **CARVING STATIONS**

Roasted Beef Tenderloin

Roasted Prime Strip Loin

Honey Glazed Bone-in Ham

Roasted Turkey Breast

Top Round of Beef (Serves 75)

Each carving station includes silver dollar rolls & chef's selection of sauces: bearnaise, horseradish cream, remoulade, Creole mustard, dijon mustard, mayonnaise, and/or cranberry sauce.

PLEASE NOTE: Attendant fees are based on 2 hours of service.

# DISPLAY STATIONS & SWEETS

## **DISPLAY STATIONS** (A minimum of 20 people required)

GRILLED TUSCAN ANTIPASTO VEGETABLES WITH RUSTIC BREADS A medley of farm fresh grilled vegetables; served at room temperature

GARDEN CRUDITES

Harvest fresh, crisp garden vegetables served with ranch dressing, hummus & pita chips

FRESH FRUIT & BERRY DISPLAY Fresh seasonal fruit & berries accompanied with yogurt & honey

CHEESE & FRUIT DISPLAY

A selection of regional and imported cheeses served with fresh & dried fruit, local honey, smoked almonds & assorted crackers

SPINACH & ARTICHOKE DIP Served warm with toasted baguette

CHARCUTERIE BOARD

Assorted artisan cheeses and meats, olives, mustard & chef's selection of rustic breads

SLICED SMOKED SALMON
With toast points & accompaniments – chopped egg, capers, onion & tomatoes
SINGLE OPTION (serves 30-35)

CHILLED SEAFOOD DISPLAY

Maine lobster, alaskan king crab legs, jumbo shrimp & lump crabmeat; served with cocktail & remoulade sauces

### **SOMETHING SWEET**

**Chocolate-Dipped Strawberries** 

Miniature Cheesecakes

A Variety of Macaroons

Chef's Selection of Chocolate Truffles

## **DESSERT DISPLAY** (A minimum of 50 people required)

Assorted Cakes and Pies, Macaroons, Chocolate Truffles & Chocolate-Dipped Strawberries

# A LA CARTE

## **BEVERAGES**

Fresh Brewed Regular & Decaffeinated Coffee

Sweet & Unsweet Iced Tea, Lemonade and Fruit Punch

Assorted Specialty Hot Teas

Red Bull

Sports Beverages

Vitamin Water

**Bottled Juices** 

Assorted Soft Drinks

Milk (whole or 2%)

Fiji Still Water 330mL

San Pellegrino Sparking 500mL

## BY THE DOZEN

Assorted Bags of Chips

Assorted Candy Bars

**Assorted Brownies** 

Cinnamon Rolls

Variety of Granola Bars

Seasonal Whole Fruit

Assorted Freshly Baked Cookies

Warm Pretzels with Whole Grain Mustard

Yogurt Parfaits

## SAVORY SNACKS

Mixed Nuts

Creole Snack Mix

Truffle Popcorn

Caramel Popcorn